Brain Matters: Trauma, Mindfulness and Process Addictions

Intermediate to Advanced Clinical Training for Therapists & Counselors

David Burns, MD • Pamela Peeke, MD, MPH, FACP • Daniel Amen, MD
Robert Ackerman, PHD • Colin Ross, MD

CO-HOSTS

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Thursday | October 9, 2014

8:30am-10:15am **Keynote Presentation**
*David Burns, MD*
*Making Patients and Therapists Accountable: The New Data-Driven Psychotherapy*

10:45am-12:15pm
*J. Douglas Bremner, MD*
*Effects of Childhood Abuse on the Brain: Lessons from Neuroscience*

1:30pm-3:00pm **Keynote Presentation**
*Pamela Peeke, MD, MPH, FACP*
*Slipping into Your Genes: How the New Science of Epigenetics will Reshape your Mind and Body*

3:30pm-5:00pm
*David Burns, MD*
*Advanced Empathy Training*

*Pamela Peeke, MD, MPH, FACP*
*Shame, Blame and Guilt: Solutions for Healing the Triad of Pain*

*J. Douglas Bremner, MD*
*Teaching Clients Self Recovery from Psychological Trauma*

Friday | October 10, 2014

8:30am-10:00am **Keynote Presentation**
*Daniel Amen, MD*
*Change Your Brain: Change Your Life*

10:30am-12:00pm
*Reid Wilson, PHD*
*The Fear of Being Seen: How to Treat Social Anxieties*

*Megan Ross, LPC, R-DMT, GL-CMA*
*Somatic Experiencing Principles in the Treatment of Trauma*

*Daniel Amen, MD*
*Unchain Your Brain: Breaking Addictions that Steal your Life*

12:00pm-1:30pm **Networking Topic Luncheon** *(Separate Registration)*

1:30am-3:00pm **Keynote Presentation**
*Robert Weiss, LCSW, CSAT-S*
*Closer Together, Further Apart: The Effect of Digital Technology on Relationships, Addiction and Parenting*
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<tr>
<th>Time</th>
<th>Speaker(s)</th>
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<tr>
<td>3:30pm-5:00pm</td>
<td>Robert Weiss, LCSW, CSAT-S</td>
<td>Shame, Blame and Guilt: Solutions for Healing</td>
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<td>The Link Between Trauma, Depression and Borderline Personality Disorder – Part 1</td>
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<td>Robert Ackerman, PHD</td>
<td>Weapons of Mass Self-Destruction: Helping Recovering Clients Eliminate Self Defeating Behaviors</td>
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<td>3:30pm-5:00pm</td>
<td>Robert Ackerman, PHD</td>
<td>Overcoming the Ability to Receive: The Greatest Barrier to Personal Growth, Sobriety and Wellness</td>
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<td>3:30pm-5:00pm</td>
<td>David Ryback, PHD, ABPP</td>
<td>Neuroscience of Mindfulness and Transformative Empathy</td>
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<td>10:30am-12:00pm</td>
<td>Reid Wilson, PHD</td>
<td>Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle</td>
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<td>3:30pm-5:00pm</td>
<td>Colin Ross, MD</td>
<td>The Link Between Trauma, Depression and Borderline Personality Disorder – Part 2</td>
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<tr>
<td>3:30pm-5:00pm</td>
<td>John Lee, MA</td>
<td>Breaking Addictions to Love, Romance and Relationships</td>
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<td>8:30am-10:00am</td>
<td>Pamela Harmell, PHD</td>
<td>Legal and Ethical Practices Using the DSM-5: Best Practice</td>
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David Burns, MD
Adjunct Clinical Professor Emeritus in the Department of Psychiatry at Stanford Uni-
versity School of Medicine. He has served as Visiting Scholar at Harvard Medical School and Chief of Psychiatry at Presby-
terian University of Pennsylvania Medical Center. His best-selling books, Feeling
Good, and the Feeling Good Handbook, have sold over five million copies world-
wide

Daniel Amen, MD
Dr. Amen is a physician, double board certiﬁed psychiatrist, teacher and eight
time New York Times bestselling author. Dr. Amen is the Founder and Medical Di-
rector of Amen Clinics in Newport Beach and San Francisco, California, Bellevue,
Washington, Reston, Virginia, Atlanta and New York City.

Robert Ackerman, PHD
Is editor of Counselor: The Magazine for Addiction & Behavioral Health Profes-
sionals, and co-founder of the National Association for Children of Alcoholics. He
is author of twelve books including Silent Sons: A Book for and About Men, Perfect
Daughters: Adult Daughters of Alcohol-
ics and co-author of Chicken Soup for the Recovering Soul

J. Douglas Bremer, MD
Professor of Psychiatry and Radiology and Director of the Emory Clinical Neuro-
science Research Unit (ECNUR) at Emory University School of Medicine and the Atlanta VA Medical Center in Atlanta, Georgia. His research on changes in the brain and symptoms of trauma, dissoci-
ation, and PTSD are amongst the most highly cited in his ﬁeld. He is the author of
several best-selling books including Does Stress Damage the Brain? and Before You Take That Pill as well as the personal narrative The Goose that Laid the Golden Egg. His most recent book is You Can’t Just Snap Out of It: The Real Path to Recovery From Psychological Trauma.

Pamela Hargrave, PHD
Dr. Pamela Hargrave is a national lecturer specializing in legal and ethical issues in
clinical practice. She is a Professor at the Pepperdine University Graduate School of
Education and Psychology and has written extensively in professional publications
on ethical practice. Dr. Hargrave is current-
ly the Co-Chair of the Los Angeles County
Psychological Association Ethics Commit-
tee and has served on the California Board of
Psychology, California State Ethics Committee and the Cali-
ifornia Psychological Association.

Kalpana Murthy, MBA, MS, LPC
Certiﬁed EMDR Therapist
Specializes in trauma recovery, upsetting events and losses, and disorders root-
ed in chronic trauma. Her experience in-
cludes helping clients with codependency,
boundary issues, shame, early relational trauma, and career issues. She works in her private practice, Genuine Connec-
tion, in Atlanta.

Megan Ross, LPC, R-DMT, GL-CMA
Megan’s role at Timberline Knolls is to
develop, train and uphold a campus-wide
integrative approach to trauma. This in-
volves the promotion of present moment resiliency for both resident and staff
through awareness, information and
training. Prior to becoming the Trauma Therapy Coordinator, Megan was an Ex-
pressive Therapist at Timberline Knolls.

Pamela Peeke, MD, MPH, FACP
A nationally recognized expert in the ﬁelds of nutrition and ﬁtness. Dr. Peeke is a Pew
Research Scholar in Nutrition and Me-
tabolism, a Fellow of the American College of Physicians, and Assistant Professor of
Medicine at the University of Maryland. Dr. Peeke is Senior Science Advisor to Ele-
ments Behavioral Health, establishing a na-
tional platform for the treatment of addictive eating disorders. She is WebMD’s chief
lifestyle expert and is an acclaimed TEDx presenter. Dr. Peeke is a New York Times bestseller for including her most re-

Robert Weiss, LCSW, CSAT-S
Senior Vice President of Clinical Develop-
ment with Elements Behavioral Health. He has developed clinical programs for The
Ranch, Promises Treatment Centers in Malibu, and The Sexual Recovery Institute
in Los Angeles. Author of: Cruise Control: Understanding Sex Addiction in Gay Men
and Sex Addiction IDI: A Basic Guide to Healing Sex, Porn, and Love Addiction,
and co-author of both Untangling the Web: Sex, Porn, and Fant-
asy Obsession in the Internet Age and Closer Together, Further Apart: The Effect of Technology and the Internet on Parenting,
Work, and Relationships. A subject expert on the relationship between digital technology and human sexuality. Mr. Weiss has served as a media spokesperson for ONN, The Oprah Winfrey Network, the New York Times, the Los Angeles Times, and the Today Show, among many others.

John Lee, MA
A leading expert in recovery, anger, addiction, personal and professional intellec-
tual and relationship issues, currently resides in Austin, TX where he has a private practice and continues to
tavel, teach, consult and speak. Author of the Half Lived Life, The Anger Solution, Emotional Intelligence for Couples and his
newest book, The Mother-Son Dynamic to be released in January.

Colin Ross, MD
An internationally renowned clinician, re-
searcher, author and lecturer in the ﬁeld of
dissociation and trauma-related disor-
ders, Dr. Ross is Founder and President of the Colin A. Ross Institute for Psycho-
logical Trauma. He has authored several books including The Trauma Model: A Solution To the Problem of Comorbidity in

David Ryback, PHD, ABPP
A consultant and speaker on personal,
sports and organizational success working
under the banner of EQ Associates Inter-
national in Atlanta, Ga. His experience encompasses business management and
sports consulting, as well as teaching at
Emory University’s School of Business. His diverse client list includes the Nation-
al Football League, the U.S. Dept. of De-
fense, Environmental Protection Agency, the Centers for Disease Control & Prevention (CDC), ﬁnan-
cial institutions, manufacturers—both domestic and interna-
tional, health care organizations, and national outlets.

Reid Wilson, PHD
Co-author of the new book Anxious Kids, America’s No. 1 ways to Stop the Worry Cycle and Raise Courageous & Indepen-
dent Children and its companion book for kids—a play with Anxiety: Casey’s Guide for Teens and Kids. He is associate clinical professor of psychiatry at the University of North Carolina School of Medicine.

Meet our Distinguished Faculty
Intermediate to Advanced Clinical Training for Therapists and Counselors

Program Focus & Goals

Ben Franklin Institute, producer of The Summit for Clinical Excellence Conference is the premier provider of continuing education for behavioral health, mental health and addiction professionals. We bring together the best and brightest trainers from many disciplines offering a broader perspective; to help our therapists and counselors better address the issues that their client is facing day to day.

Conference Objectives:

1. To identify specific diagnostic and treatment approaches, counseling skills and modalities that will be successfully applied to the fields of mental health, behavioral health and addictive disorders; including but not limited to: Trauma, Addiction, Psychotherapy, Relationships, OCD, Anxiety, Engagement of Difficult Clients, Eating Disorders and Intervention Strategies.

2. To learn the symptoms and characteristics of the disorders mentioned in objective #1 and how they have interfered with the clients’ interpersonal and family relationships. To participate in skill building workshops and unique trainings that offer cognitive and experiential clinical techniques; to assist in patient/client recovery from these listed disorders.

25 CE’s Continuing Education Credits Available

Includes Networking Topic Luncheon

APA — Ben Franklin Institute is approved by the American Psychological Association to offer continuing education for psychologists. Ben Franklin Institute maintains responsibility for the program.

ASWB — Association of Social Work Boards, Provider #1045

CFAAP — California Association of Alcoholism & Drug Abuse Counselors, Provider #OS-99-428-1015

CBRN — Provider approved by the California Board of Registered Nursing, Provider #CEP12920

CBBS — California Board of Behavioral Sciences — Course meets the qualifications for continuing education credit for MFCC’s and/or LCSWs as required by the California Board of Behavioral Sciences — Approved Education Provider Program, Provider #PCE1477

NAADAC — Approved Education Provider #000300

NBCC — National Board of Certified Counselors, Provider #5884

Ben Franklin Institute is an NBCC- Approved CE provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Please refer to our website at www.bfisummit.com for continuing education updates. Please note it is your responsibility to contact your licensing/certification board directly to determine eligibility to meet your continuing education requirements.

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Thursday October 9 - Saturday October 11, 2014 • 19 CE’s • Excludes Networking Topic Luncheon & Ethics Training. Bonus 6 online CE’s Included with Registration

☐ $399 EARLY BIRD – SAVE $50 (by Sept 3, 2014)
Thursday October 9 - Saturday October 11, 2014 • 19 CE’s • Excludes Networking Topic Luncheon & Ethics Training.

☐ $449 SUMMIT REGISTRATION – Thursday October 9 - Saturday October 11, 2014

☐ ADD ETHICS WORKSHOP – $60 with Summit three Day registration - SAVE $40 Sunday October 12, 2014 (6 Ethics CE’s)

☐ ADD NETWORKING TOPIC LUNCHEON – $30 Friday October 10, 2014 (1 CE)

Daily Atlanta Summit Registration
(Add $15 to Each Day after Sept 3, 2014)

☐ $160 Thursday October 9, 2014 (6 CE’s)
☐ $160 Friday October 10, 2014 (6 CE’s) Excludes Networking Topic Luncheon
☐ $30 Friday October 10, 2014 (1 CE) Networking Topic Luncheon
☐ $160 Saturday October 11, 2014 (6 CE’s)
☐ $100 Sunday Ethics Workshop October 12, 2014 (6 Ethic CE’s)

Total $ __________________

Name (Please Print)

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Have you ever attended a Summit Conference before?    ☐ Yes    ☐ No

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Cancellation and Refunds

All cancellations are subject to a $60 cancellation fee. Cancellations after September 17, 2014 will forfeit the entire registration fee, or a credit may be issued (less the $60 cancellation fee) towards a future Summit conference for up to one year. NO OTHER EXCEPTION WILL BE MADE.
Conference
Hotel and Travel Information

Hyatt Regency Atlanta
265 Peachtree Street NE
Atlanta, GA 30303
www.atlantaregency.hyatt.com

One of Atlanta’s top luxury hotels, the Hyatt Regency Atlanta is located in the heart of downtown Atlanta, within walking distance of popular local attractions such as the Peachtree Center Mall, Georgia Aquarium, CNN Center and the Georgia Dome. Enjoy true southern hospitality in this newly renovated 1,260-room hotel with its signature service, popular restaurants and prime location.

Hotel Reservations
Hotel reservations can be made by calling the Hyatt Regency Atlanta reservations at 1.888.421.1442. Request the special Ben Franklin Institute/Summit for Clinical Excellence rate of $165 per night plus tax (single or double occupancy). The rooms we’ve reserved fill rapidly so make your reservations early.

Reservations made after September 9, 2014 will be honored on a space and rate availability basis.

ADA STATEMENT: ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

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